



ALL THE FOODS YOU LOVE TO EAT – APPLES AND WATERMELONS, PEAS AND CARROTS, CORN AND STRAWBERRIES – COME FROM FARMS.

Farmers are a special part of our world. They don't only grow our food—they also help to keep our air and water clean!

YOU CAN ALSO TRY GROWING SOME OF YOUR FAVORITE FOODS AT HOME!

Plants love sunshine—you can grow them on a windowsill, in a container on a parking lot, or in a garden. Having food nearby is special—most food travels 1,500 miles before it ends up at the grocery store!

**DRAW YOUR FAVORITE
FRUITS AND VEGGIES
IN MY FISH BOWL!**

**A FEW OF MY FAVORITES THAT YOU CAN
GROW AT HOME ARE:**

- RADISH ·LETTUCE ·PEPPER ·CARROT
- TOMATO ·PUMPKIN ·CELERY ·CUCUMBER

